

Why Choose Our Core Foundational Protocol?

These supplements are foundational for everyone, but especially to those on a health journey. If you live near a city, use cosmetics, eat non organic foods, use cleaning supplies, use plastics, etc. you're exposed to any number of toxins in your environment. This combination of premium supplements goes beyond conventional care strategies so you can take control of your journey and build a foundation for resilience.



Foundational to your health journey.



Full Foundational Protocol

Do you want to be even more prepared?

When you add the full foundational protocol supplements, you are doing your body a life-changing favor. In addition, these extra options can boost your immune system, optimize your microbiome and combat fatigue.





| Mushroom Synergy modulates healthy innate and adaptive immune response enhances cellular defenses and promotes healthy cell behavior encourages healthy hepatic, cardiovascular, neurological, and kidney function Potentiates restorative healing processes | Core Foundational Protocol |
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| | Beyond Whey promotes lean muscle development and healthy body composition |
| Vital Adapt promotes healthy adrenal and endocrine function improves energy, stamina, and endurance optimizes stress protection, resilience, and recovery enhances mental and physical performance capacity | optimizes recovery after exercise or stress delivers nutrients to support immune system health supports bone density and skeletal health encourages healthy digestive function |
| Power Adapt provides deep adrenal and endocrine restoration improves energy, stamina, and endurance optimizes recovery time after prolonged stress enhances cognitive function and mental performance promotes lean muscle strength, | Cell Guardian activates hepatic detoxification pathways encourages cellular health and genetic integrity promotes xenoestrogen elimination features Quatrefolic® 5-MTHF folate |
| Pro Lean Greens promotes bioavailability supports detoxification supports antioxidant activity supports liver and immune function | Vitamin C Powder • supports development and maintenance of healthy bones, cartilage, teeth and gums • promotes macronutrient metabolism • supports muscle function • promotes immune function |

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